

**Minutes of the Meeting of the  
Warwickshire Health and Wellbeing Board Sub-Committee  
held on 22 March 2019**

**Present:-**

Members of the Board:

County Councillor Les Caborn

Dr Sarah Raistrick, Coventry and Rugby CCG

Councillor Andrew Thompson, Warwick District Council

Officers

Rachel Barnes, Health and Wellbeing Delivery Manager

Louise Birta, CAMHS Commissioner

Kate Harker, Commissioning Service Manager

Helen King, Deputy Director of Public Health

Paul Spencer, Democratic Services, Warwickshire County Council

**1. General**

(1) Appointment of Chair for the meeting

It was agreed that Councillor Les Caborn be appointed Chair for the meeting.

(2) Members' Declarations of Pecuniary and Non-Pecuniary Interests

None.

**2. Child and Adolescent Mental Health Service Transformation Plan Year Three Refresh**

The Sub-Committee was reminded of the background to the Child and Adolescent Mental Health Service (CAMHS) and the transformation funding provided, which for Warwickshire was £1.7m per year across the area, for a period of five years. There was a requirement to develop a joint CAMHS Transformation Plan, for the period to 2020. The Coventry and Warwickshire Local Transformation Plan (LTP) was submitted to NHS England (NHSE) in 2015, and clinical commissioning groups (CCGs) were required to refresh the plan annually, to demonstrate progress and outline priorities for the forthcoming year. This was the third year refresh, highlighting progress against the priorities for 2017/18 and the further progress planned for 2018/19.

The report outlined the process to refresh the plan collaboratively, through a multi-agency CAMHS Transformation Board, before it was submitted for sign off by NHSE. Details were provided of the partner agencies involved and it was noted that NHSE sign off was still awaited. The governance and oversight arrangements were reported.

Appended to the report was a copy of the Coventry and Warwickshire LTP year three refresh. It detailed the progress made in year three of the five-year plan and set out the priorities for year four.

Year two of the LTP coincided with the start of the new Warwickshire Children and Young People's Emotional Well-being and Mental Health service for 0-25 Year Olds, known as Rise. The new service had a two-year implementation period. The priority themes in year four of the LTP continued to be aligned against the Implementation Plan for the new service. These themes were reported and each was underpinned by a detailed delivery plan, which was monitored by the commissioners.

Accompanying the priorities for 2018/19 was an action plan, provided as a further appendix. The action plan detailed the strategic work required, deadlines and individual accountabilities. It would be monitored on a monthly basis and be reported to the Transformation Board. The proposed governance structure was reported.

It was anticipated that NHSE would require the year four LTP refresh to be submitted by the end of October 2019 and that Health and Wellbeing Boards would be requested to sign off those plans.

The Sub-Committee submitted questions and commented on the report. In terms of governance it was questioned how the County Council's scrutiny function would be engaged. There was involvement through the Transformation Board and through a joint scrutiny committee, which was monitoring the transitional arrangements and improvements in the provider's performance. Additionally, there were other opportunities to influence through commissioning routes. The Chair proposed to raise the governance aspects with the Chair of Better Health, Better Care, Better Value, Sir Chris Ham.

From questioning, it was established that the Transformation Operational Group, responsible for monitoring the action plan on a monthly basis, had not been meeting. A key reason for this was changes in personnel, but good working arrangements had been re-established with Coventry officers and the Group would be meeting in April.

It was noted that the next Plan refresh was due in October and asked how scrutiny would be engaged in the refresh. This should be a focus for the scrutiny committee, perhaps through the next joint committee. It was noted that there had been no feedback from NHSE on the previous plan submitted in October 2018.

The current transformation plan was a detailed document of some 74 pages. Research was taking place of like documents for other areas, to see how this could be presented in a more readable format.

From a children's service perspective, there was a need to ensure that a holistic approach was taken in ensuring that mental wellbeing was included in all strategies. Earlier intervention and a wellbeing approach were needed to reduce reliance on medical interventions. This should reduce the cohort of patients and lead to shorter waiting times for those requiring medical intervention. It was suggested that this point be raised during the next refresh. In response, officers assured that the Rise model sought to provide earlier intervention, with the use of technology and hubs contributing to this. Progress was being made and it was important that this progress was both continued and sustained.

**Resolved**

That, subject to the comments above being incorporated in the next Plan refresh, the Health and Wellbeing Board Sub-Committee endorses the Coventry and Warwickshire Child and Adolescent Mental Health Services Local Transformation Plan refresh for year three.

**3. Any Other Business**

None.

The meeting rose at 10.25am

.....Chair