

Health and Wellbeing Board

Coventry and Warwickshire - Local Transformation Plan

Children and Young People's Mental Health and Emotional Wellbeing (Year 5 refresh)

21 September 2021

Recommendation(s)

1. That the Health and Wellbeing Board endorse the Local Transformation Plan (LTP) for Children and Young People's Mental Health and Wellbeing 2021-2022.

1. Executive Summary

- 1.1 The 'Future in Mind' review, released in 2015, set out a series of recommendations to improve outcomes for children and young people's (CYP) mental health and emotional wellbeing. The key principles of the review were based on proposed requirements to:
 - Integrate and create a whole system approach for CYP mental health and emotional wellbeing.
 - Build resilience by promoting good mental health and wellbeing, focusing on prevention and early intervention.
 - Deliver a step change approach towards how care is provided, ensuring it is child centric and not organisationally focused.
 - Develop effective care pathways, creating a system that is easy to navigate for CYP.
 - Gather continuous, evidence-based provision which manifests itself in service improvements.
 - Inject transparency and accountability across the system, reflected in resource allocation and collaborative decision making.
- 1.2 The above principles are reflected in NHS guidance which is focused on creating a national ambition to transform care, including the delivery and

design of local mental health and wellbeing offers for CYP. There is a requirement for local areas to develop specific Local Transformation Plans (LTP) for CYP on an annual basis that demonstrates how the NHS ambition is being fulfilled. LTP's have been developed in Coventry and Warwickshire since 2015-2016.

- 1.3 The Coventry and Warwickshire Children and Young People's Mental Health and Emotional Wellbeing Local Transformation Plan has been updated for 2021-2022 and is submitted to the Health and Wellbeing Board for their endorsement.

2. Financial Implications

None

3. Environmental Implications

None

4. Supporting Information

- 4.1 The LTP for 2021-2022 has been developed in collaboration with Warwickshire County Council (WCC), the Coventry and Warwickshire Clinical Commissioning Group (CCG), Coventry City Council (CCC) and Coventry and Warwickshire Partnership Trust (CWPT).
- 4.2 NHS England has provided a list of Key Lines of Enquiry (KLOE) which local systems need to demonstrate. The KLOEs provide a helpful basis by which local ambitions can also be determined.
- 4.3 The emerging ambitions for Coventry and Warwickshire include:
 - Ensuring that the national and local priorities for children and young people's mental health and wellbeing are fully integrated from a strategic through to an operational level.
 - Continuing improvements to the breadth of access, timeliness and effectiveness of emotional well-being and mental health support available to children and young people 0 – 25.
 - Strengthening approaches to resilience, early help and prevention through work, both with schools, family hubs and partnerships – utilising digital solutions.

- The ongoing development of the eating disorder pathway and associated services.
- Maintaining a strong multi-agency approach to supporting children and young people who are experiencing mental health crises and responding to emerging demands.
- Responding to the needs of the most vulnerable children and young people; specifically, those within the Criminal Justice System, in crisis, or who self-harm and those who are in care.
- Implementing innovative mechanisms of engagement to ensure that effective coproduction with children, young people, families and carers in relation to mental health and wellbeing is facilitated.
- Seeking to integrate and align data recording systems to create a system wide framework that can clearly demonstrate outcomes.
- Responding to Covid recovery and addressing any system inequalities that have consequently emerged.

4.4 The above ambitions are included in the LTP's Delivery Plan 2021-2022 which will be implemented by the Coventry and Warwickshire Transformation Operational Group (TOG). The Coventry and Warwickshire Children and Young People's Mental Health and Wellbeing Board will monitor the progress of the Delivery Plan on a quarterly basis with strategic oversight provided via the Coventry and Warwickshire Health Care Partnership (HCP). In addition to this, certain elements of the Delivery Plan (access rates and eating disorders) will be separately assured by NHSE.

5. Timescales associated with the decision and next steps

5.1 The LTP has been submitted to and approved by NHSE. Once endorsed by both the Coventry and Warwickshire Health and Wellbeing Boards it will be published on the CCG website in September 2021.

Appendices

1. Appendix 1 – Local Transformation Plan 2021- 2022

Background Papers

None

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The report was circulated to the following members prior to publication:

Local Member(s): None

Other members: Councillors Bell, Drew, Golby, Holland and Rolfe