

Rugby - Population Health Framework

Our long-term strategic ambitions:

People will lead a healthy and independent life.

People will be part of a strong community.

People will experience effective and sustainable services.

Place-based Health and Wellbeing Partnerships will work together to tackle health inequalities by addressing the wider determinants of health.

Health and social care commissioners and providers working together at our place-based Health and Care Executives to commission and deliver services.

The wider determinants of health

Our health behaviours and lifestyle

Aligning and coordinating prevention programs across the system and through each place-based Health and Wellbeing Partnerships to tackle barriers to healthy lifestyle choices.

An integrated health and care system

The places and communities we live in & with

Working together in our place based Health and Wellbeing Partnerships and with our communities to mobilise solutions informed by our understanding of local assets

Rugby Place priorities 2020/21

- Mental health and wellbeing – Self-harm in young people
- Poverty and inequalities – Homelessness
- Health behaviours – Smoking
- COVID-19 Recovery
- Long term conditions – heart failure



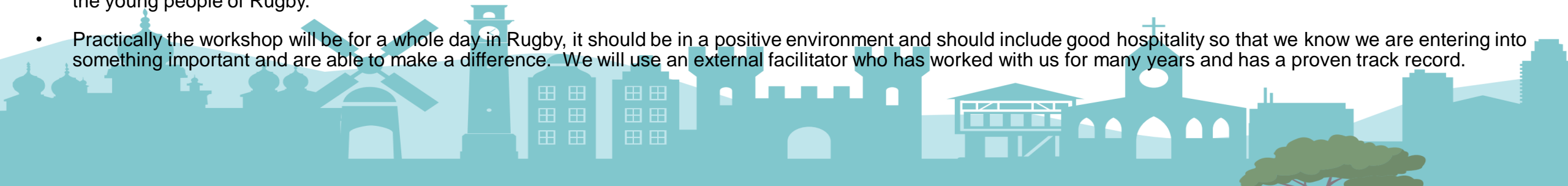
Rugby in focus – Children and Young People’s Mental Health

- Following the first of three partnership development workshops facilitated by the LGA in January, a task and finish group has been established to explore methods to engage with young people in Rugby and understand the service available to support young people and opportunities/gaps.
- Led by the Head of Compassionate Communities a **Proposal for a Participative Narrative Inquiry (PNI) workshop to take forward the engagement and CYP MH work-stream at Rugby Place** was agreed at the workshop in January.
- It was agreed that the focus for the PNI should be on the previously agreed priority of mental health in young people. Taking a PNI approach would enable coordination of engagement across statutory and community and voluntary sector partners. PNI has been used effectively as a way of working in other areas and has the potential to inform future ways of working at Rugby Place and across the wider integrated care system (ICS).
- The proposed way forward will not aim to do something new but build upon what each partner is already doing through the Rugby Place - Self Harm in Young People T&F Group. Through this the aim is to:
 - Address the root causes rather than managing the presenting issues
 - Make visible the lived experience of young people by giving them a meaningful voice
 - Empower young people to grow and flourish, including them in how young people are supported
 - Genuine co-design of services
 - To deliver outcomes that are defined and measured from the user perspective
- We are proposing to hold the Participative Narrative Inquiry (PNI) workshop in May 2022. This workshop would include a strong cross-section of stakeholders from all sectors and young people. The model has previously been used local in collaboration with The Health Foundation, the West Midlands Respiratory Network and within UHCW. Most recently the model was used to look at how we might improve and develop Pulmonary Rehab and this was a very fruitful and successful session.



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- The workshop follows a well-trodden path designed to reveal and capture:
 - Insights [unexpected shifts of thought leading towards a new story]
 - Possibilities [system shifts towards a more desirable state]
 - While all the time encouraging new and/or stronger relationships to build a more resilient, sustainable community around the project and within the system under inquiry.
- This approach works best when we focus on a system with flaws which would benefit from a shift to a new, more desirable state. It invites people who represent different aspects of the system to get a wider perspective, for this a ‘system’ can be a team, project, service or an underlying issue. Each workshop takes the form of an Inquiry, making the invisible visible. As a community the experiences and evidence are presented, sense making and new meaning making happens as a collective. Together we are able to approach the question ‘what should we do to resolve this?’
- The workshop is facilitated with two parallel outcomes in mind:
 - Hold a space in which we can uncover enough of the system to make sense and suggest actions to shift.
 - Create and grow relationships which are vital to the longer-term success of the ideas and system with an additional shared motivation to carry out the shift.
 - Stories and storytelling are inherently collaborative.
- The workshop engages participants at two levels:
 - Internally, adding perspectives, new understandings, changing beliefs, motivating
 - Externally , shared sense making, communicating, collaborating and co-creating
- It will provide valuable and unique opportunity to reimagine how young people can be supported and experience improved mental wellbeing. The workshop will not be about anyone’s agenda or existing power but will provide a creative space to create a new collaborative approach that has been made visible through relationship and shared vision.
- We do not come with list of issues to solve but simply come with an enthusiasm and desire to become greater than the sum of our parts for the benefit of, in this case, the young people of Rugby.
- Practically the workshop will be for a whole day in Rugby, it should be in a positive environment and should include good hospitality so that we know we are entering into something important and are able to make a difference. We will use an external facilitator who has worked with us for many years and has a proven track record.



Rugby - Progress on our wider priorities

Priorities	Outline of activity	Progress update
Poverty and inequalities – Homelessness		<ul style="list-style-type: none"> The Public Health team in partnership with Hope4, P3 and Homeless Link will be setting up an Experts by Experience group to understand how the actions and services in place as outlined in the Preventing Homelessness in Warwickshire Strategy are impacting on homeless people in Warwickshire. This coproduction approach will be piloted first in Rugby at the Hope4 centre on the 30th June 2022. The SWFT Community Physical Health Nursing service for the homeless have delivered over 160 Covid-19 vaccinations to the homeless cohort across Warwickshire The SWFT Community Physical Health Nursing service and the CWPT Community Mental Health service for the homeless are working in partnership to deliver care using a mobile mini-van with facilities and chance to carry out physical health checks, currently working in the North and Rugby. A Needs Assessment for Homeless Patients in University Hospitals Coventry & Warwickshire NHS Trust (UHCW) was completed, and business case developed, conversations to take place at place and system level.
Health behaviours – Smoking	<ul style="list-style-type: none"> NHS LTP Tobacco Dependency Programme progress Expansion of stop smoking service provision in Rugby Review current smoking service 	<ul style="list-style-type: none"> Warwickshire stop smoking service is currently being reviewed, potential to integrate into a new countywide lifestyle service by 2023. Survey for health professionals and the public is now live on Ask Warwickshire Contract variation approved to expand smoking cessation provision in the community to support the mobilisation of the NHS LTP tobacco dependency programme and to increase provision and choice of service to smokers in Warwickshire North and Rugby. This includes one new phone number to call for smoking cessation support to quit virtually or visit GP/Pharmacies who continue to provide smoking cessation service on warwickshire.gov.uk.quit4good. Further comms and engagement in April/May 2022

