

Cabinet

15 February 2024

Children and Young People's Emotional Wellbeing and Mental Health Services

Recommendations

That Cabinet

- 1) Supports the extension of the existing Section 75 agreement with Coventry and Warwickshire Integrated Care Board for the provision of Children and Young People Emotional Wellbeing and Mental Health Services (known locally as Rise) for a further period of up to two-years from 1 August 2024, to facilitate re-commissioning of the Rise service; and
- 2) Authorises the Executive Director for Social Care and Health in consultation with the Executive Director for Children and Young People and the Portfolio Holder for Children and Families to finalise the service delivery model, to undertake a re-commissioning (joint or otherwise) of the service and to enter into such agreements for the provision of Children and Young People Emotional Wellbeing and Mental Health Services as she considers necessary on terms and conditions acceptable to the Executive Director for Resources.

1. Executive Summary

- 1.1 The Warwickshire Children and Young People's Mental Health and Emotional Wellbeing contract, known locally as 'Rise', started on 1 August 2017. The service operates as one unified service, that delivers targeted early intervention (known as Tier 2 services) and specialist services to address moderate to severe mental health needs (known as Tier 3 services). The service is delivered by Coventry and Warwickshire Partnership Trust (CWPT) in partnership with Coventry and Warwickshire Mind. Members are directed to Section 4 for more detail on the "Tiers" relevant to these services.
- 1.2 Warwickshire County Council (WCC) entered joint commissioning arrangements under Section 75 of the National Health Services Act 2006 with the Clinical Commissioning Groups (CCGs) now the Coventry and Warwickshire Integrated Care Board (ICB), on 18 February 2016. Warwickshire County Council operates as the Lead Commissioner for the Rise service.
- 1.3 The Rise contract was initially procured for a 5-year term with an option to extend for a further two years which was exercised in 2022 alongside the

Section 75 agreement. Both the contract for the service and the Section 75 agreement will expire on the 31 July 2024.

- 1.4 A joint review of the commissioning and contracting arrangements that exist across the Coventry and Warwickshire Health and Social Care system for children and young people's mental health services was undertaken between May 2023 and July 2023. The review resulted in the identification of several options and recommendations to inform future commissioning arrangements.
- 1.5 The two options that are currently under consideration between the respective organisations are:
 - Commission separate services across Coventry and Warwickshire. This would consist of the ICB commissioning tier 3 specialist services across Coventry and Warwickshire. Coventry City Council (CCC) commissioning tier 2 services for Coventry. WCC commissioning tier 2 services for Warwickshire.
 - Commission a single service (like the current lead provider model) across Coventry and Warwickshire for Tier 2 and 3 services.
- 1.6 To effectively deliver either of the above options or any alternatives that arise during dialogue with partners it is necessary to extend the current Section 75 agreement and the Rise service for a two-year period beyond 31 July 2024 to allow for appropriate governance and procurement activity to be undertaken with a newly commissioned service effective from 1 August 2026.

2. Financial Implications

- 2.1 Overall, the total contract value for 2023/2024 was £4,483,422. Within the current funding allocation WCC contributes £606,923 per annum, with £103,000 per annum also allocated for the Youth Justice Service element of the contract. This has remained the same since the contract's inception in 2016. The current level of WCC funding will be maintained from 31 July 2024 pending completion of the review and resulting procurement activity.
- 2.2 The ICB will continue to fund an annual uplift to the health element of the contract, based on the NHS Payment Scheme (NHSPS). The NHSPS contains rules to establish the amount payable for NHS-funded secondary healthcare.
- 2.3 The WCC contribution, if the full extension is utilised, will total approximately £1,213,846 for the main contract and £206,000 for the youth justice element, £1,419,846 total. The contract value for the recommissioned service from 1st August 2026 is expected to be at similar levels for the County Council, however the total contract value will be higher if services are jointly commissioned.

3. Environmental Implications

3.1 There are no direct environmental implications arising from this report.

4. Supporting Information

4.1 The Rise service accepts referrals for children and young people (CYP) up to their 17th year from professionals who are involved with or working with the child or young person and/or family. The service provides a range of interventions and specialist advice which includes:

- Dimensions - digital personalised information portal.
- Mental Health in Schools Teams.
- Primary Mental Health Teams.
- Targeted Emotional & Mental Health Support.
- Children in Care service for Warwickshire.
- Youth Justice Service.
- Specialist Mental Health Services.
- Eating Disorders Service.
- Children and Young People Crisis and Home Treatment service.
- Neurodevelopmental assessment and diagnosis service (conditions such as Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder) – (please note, these services are contracted separately and not covered by this report).
- Community support and Partnerships.

4.2 The Warwickshire Youth Justice Service is a multi-agency partnership, which brings together Police, Probation, Social Care and Health resources, with the statutory remit of preventing offending by children and young people aged 10-17. The service works directly with those children subject to court orders and those who receive out of court disposals.

4.3 The mental health needs of CYP are varied. As such, it is considered that a wide range of services in different settings should be available to tackle emotional wellbeing and mental health difficulties.

4.4 Different approaches have been taken in the past to providing emotional wellbeing and mental health services. The tiered model since its development in 1995, has been the most adopted mental health system in the UK. It separates mental health services into 4 tiers based on the type of service provision.

- Tier 1: Includes universal, non-specialist primary-care services, such as school nurses and GPs. These offer general advice and treatment for less severe mental health problems.
- Tier 2: Involves workers who are more specialised, but still provide a primary care service, such as counselling services.
- Tier 3: Comprises specialist multidisciplinary outpatient teams, who deal with more complicated mental health problems.

- Tier 4: Consists of specialised day and inpatient units, to provide care for patients with the most severe problems.
- 4.5 The review of the commissioning arrangements for CYP mental health provision was carried out between May 2023 and July 2023. The aims of the review were to:
- Jointly review the commissioning activity across Coventry and Warwickshire for CYP mental health and emotional wellbeing.
 - Consider and understand the current commissioning and contracting arrangements that exist across the system for CYP people's mental health services.
- 4.6 The review focussed on commissioning activity conducted by Coventry City Council, Warwickshire County Council and the Coventry and Warwickshire Integrated Care Board for CYP mental health and emotional wellbeing. The review was not a full-service review.
- 4.7 The services are currently commissioned and contracted uniquely for Coventry and Warwickshire. Some of the services that were considered as part of the review included:
- The Warwickshire CYP Mental Health Service known as 'Rise' which is currently delivered by Coventry and Warwickshire Partnership Trust; and for which WCC is the Lead Commissioner for the service in collaboration with the ICB. This is jointly funded between the ICB and WCC.
 - The Coventry tier 3 specialised mental health service for which the ICB is the lead commissioner; and
 - The Coventry CYP Tier 2 service currently delivered by 'Compass'; and for which Coventry City Council is the Lead Commissioner in collaboration with the ICB. This service is jointly funded by CCC and CWICB.
- 4.8 Several options were identified for potential future commissioning arrangements. Several stakeholder engagement sessions were held with professionals and providers from across Coventry and Warwickshire. The sessions considered the strengths and weaknesses of the current contracting and commissioning models and the strengths and limitations of the commissioning options presented. In addition to this, a survey to accompany the sessions was circulated.
- 4.9 A traditional SWOT analysis (Strengths, Opportunities, Weaknesses and Threats) was conducted to determine the preferred option. Information from the engagement sessions, along with the wider experiences of the Commissioners involved in the review were considered and included in this analysis. Based on this, two options are being considered in partnership between the respective organisations;

Option 1 - Commission separate services across Coventry and Warwickshire for Tier 2 services – WCC commission services for Warwickshire and CCC

commission services for Coventry. The ICB commission a tier 3, specialist services across Coventry and Warwickshire; and

Option 2 - Commission a single tier-less service (lead provider model) across Coventry and Warwickshire.

- 4.10 To be able to effectively deliver either of the above options commissioners will need to conduct an in-depth service review to inform future commissioning models, carry out co-production and engagement activity, market test, prepare business cases and undertake any appropriate procurement processes.
- 4.11 By extending the existing Section 75 agreement with Coventry and Warwickshire Integrated Care Board for the provision of Children and Young People Emotional Wellbeing and Mental Health Services (known locally as Rise) for a further period of up to two-years this will also enable the Rise service to remain stable and provide consistency and stability to service users, whilst the commissioning activity is being undertaken. During this extension period there will continue to be a strong partnership focus on the quality of the Rise service, and performance improvement.
- 4.12 The two options referred to above are considered to be the most effective delivery model at this time, however it is recognised that further dialogue with partners and the ongoing work referred to at paragraph 4.10 may lead to a variation to the model. This report seeks authority for the Executive Director for Social Care and Health, in consultation with the Portfolio Holder and the Executive Director for Children and Young People, to finalise the model, to make arrangements as necessary for an appropriate procurement process and to enter into subsequent agreements for the provision of the service on terms acceptable to the Executive Director for Resources.

5. Timescales associated with the decision and next steps.

Table 2 Indicative timescales

| Action | Date |
|--|--|
| Extend Section 75 agreement with the ICB | Before 31 July 2024 |
| Carry out re-commissioning activity based on preferred option (inc. Service review, co-production and engagement, market testing, business case) | Start March 2024, with new contract in place by 31 July 2026 |

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|--------------------|--|--|
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The report was circulated to the following members prior to publication:

Local Member(s): None – this is a County wide report

Other members: Councillors Brown, M Humphreys and Roodhouse