

Adult Social Care and Health Overview and Scrutiny Committee

18 September 2024

Adult Community Mental Health Transformation

Recommendation(s)

1. Note the content of this report and the steps being taken to strengthen access to community mental health support for Adults and Older Adults, across Warwickshire and
2. Support the recommendations that the pre-existing day services units are permanently closed as they represent a duplication of services now delivered in alternative ways.

1. Executive Summary

1.1 The NHS Long Term Plan (LTP) makes a commitment to expanding services for people experiencing mental health illness. Following the investment into Community Mental Health Services, our impact means:

- Individuals will have access to mental health support from a wider network of organisations all working together, in a truly integrated and collaborative culture.
- New care models have been coproduced.
- Increasing access to psychological therapies.
- Improving physical health care.
- Addressing the holistic needs of the whole person.

2. Financial Implications

2.1 None

3. Environmental Implications

3.1 None

4. Supporting Information

- 4.1 Our new approach enables people to take an active role in their care planning and delivery, promoting greater choice and control over their own health and wellbeing.
- 4.2 Our commitment is that people will not repeat or re-tell their story or have multiple assessments. This means everything we do will be guided by a trauma-informed approach, fostering a sense of safety and support, and building trusting relationships with individuals to promote recovery and a strengths-based approach's.
- 4.3 Our impact/ benefits
- Better access to more people, and a wider section of the population.
 - Expert multi-disciplinary led assessment and interventions.
 - Greater geographical reach, to offer service users and their family's choice prior to an admission and better access to services which bring care closer to home. It is not bound by geographic boundaries such as being able to attend a base.
 - Closer links with the community and localities, and working in partnership with local voluntary, community and social enterprise (VCSE) and Partner agencies to meet the holistic needs of the local population.
 - More responsive, preventing people reaching a mental health crisis and needing admission to hospital. We can get to patients with the most urgent needs across the system, providing face to face support within 4 hours if this is clinically indicated.
- 4.4. The Community Mental Health Transformation has and will continue to deliver the following positive impact to reduce health inequalities
- Adult social care workforce **provides specialist social work services** to meet the Care Act needs of those experiencing mental health difficulties.
 - Social care Team Managers have a **stronger presence in community teams** and have been working hard alongside their Health manager counterparts to focus on partnership working.
 - Alongside CWPT's new Core assessment, which will replace Care Program Approach documentation, social care will replace CPA documentation, **moving to strengths based specialist assessment** which will better enable us to identify and meet the Care Act needs of the people we work with.
 - As teams come together under the Community Mental Health Transformation agenda, social care has been looking to strengthen their social work offer and **concentrate on improving referral pathways.**

- Over time, social care will be forging stronger links with both primary care and VCSE organisations, with a **move away from diagnosis-led services towards more open-door personalised support.**

5. Timescales associated with the decision and next steps

- 5.1 Members are asked to note the content of this report and the steps being taken to continually strengthen access to community mental health support for Adults and Older Adults, across Warwickshire AND
- 5.2 Support the recommendations that the pre-existing day services units are permanently closed as they represent a duplication of services now delivered in alternative ways.

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The report was circulated to the following members prior to publication:

Local Member(s):

Other members: