



Health and Wellbeing Board
24th May 2023

Warwickshire Health and Wellbeing Strategy Annual Review





Chair's introduction

This annual review celebrates a range of achievements from across the health and care system in Warwickshire. We have come to the end of the 2022/23 year, which marks the second year of the 2021-26 Health and Wellbeing Strategy. Across the last year the health and care sector has seen significant system-wide changes, including the establishment of the Integrated Care System (ICS) and the associated Integrated Care Board (ICB) and Integrated Care Partnership (ICP).

Over the past twelve months, the Health and Wellbeing Board and place-based Health and Wellbeing Partnerships have driven forward a range of activity focused on prevention, and developing a better understanding of the needs of our local people. The Integrated Health and Wellbeing Forum (Joint Coventry and Warwickshire Health and Wellbeing Board) has played a key role as a reference group to the ICB in shaping the ICP Strategy and associated Joint Forward Plan.

This review celebrates the achievements made in 2022/23 and presents the focus for 2023/24. We will continue to build on the good work to date. It is important we keep focused on our three priorities so that people can really see progress.

These include helping our children and young people have the best start in life; helping people improve their mental health and wellbeing, with a focus on prevention and early intervention; and reducing inequalities in health and the wider determinants of health.

The Health and Wellbeing Strategy was written in 2021 to set out a five-year vision for health and wellbeing in Warwickshire. Since then, much has changed within our system, but the priorities outlined within the strategy remain the same. As our Warwickshire Care Collaborative begins to develop and moves from being a decision shaper to a decision maker, there will be a change in the way that services are commissioned and delivered within Warwickshire, with greater emphasis on place and on integration. As a Health and Wellbeing Board, we have an important role in leading and shaping this agenda, and I look forward to the year ahead.



Councillor Margret Bell,

Chair of Health and Wellbeing Board,
Portfolio Holder for Health and Adult
Social Care





How this Document Works

The Health and Wellbeing Strategy 2021-26 outlines the three priorities of:

- Help our children and young people have the best start in life
- Help people improve their mental health and wellbeing, particularly around prevention and early intervention in our communities
- Reduce inequalities in health outcomes and the wider determinants of health

This Annual Review highlights the achievements of last year, and also sets the focus for 2023-24.



Our Annual Review 2022/23

Our annual review highlights the achievements of all Health and wellbeing partners in delivering outcomes, with particular focus on the 22/23 work programme.

Looking ahead for 23/24

The Health and Wellbeing Board (HWBB) has a strategic role but needs to be assured of delivery of outcomes. The Delivery Plan will focus on the priority areas for 23/24 as well as the statutory duties of the Board and areas of regular reporting.



Our journey so far...

2019-2020
HWBB Strategy
development

March 2021
HWBB
Strategy
adopted

January 2022
Domestic Abuse Joint
Needs assessment

May 2022
Children 0-5
JSNA published

September 2022
Pharmaceutical
needs assessment
published

Dec 2022
ICS Strategy
developed

2018-2020
Place
based Joint
Strategic Needs
Assessments
produced

March 2020
Terms of
Reference agreed
for each place-
based HWBB
partnership

2020
Place Priorities
agreed for

- North
- Rugby
- South

March 2022
HWBB
Bulletin set
up to share
info more

July 2022
Formation
of ICS

September 2022
Formation of Children
and Young people
partnership

January 2023
Director of Public
Health Annual
Report on health
and the rising
cost of living



Progress on helping our children and young people have the best start in life

Child friendly Warwickshire

Child Friendly Warwickshire (CFW) aims for every child and young person to be Happy, Healthy, Heard, Safe, and Skilled. We have seen through consultation that mental health and wellbeing are consistently a theme that young people consider to be important.

The engagement provides us with the main topic areas for our annual Warwickshire Youth Conference, developed and organised by young people for young people. Our CFW conference brings together local organisations with young people to create a safe space to talk about important issues facing them today. Our 2022 event, 'Future Ready' provided the opportunity for Warwickshire young people to talk to various mental health services and organisations as well as a dedicated workshop delivered by Kooth. Mental health and wellbeing is again a main topic for our 2023 conference.

Within our Network of Friends, CFW continue to work with various partners including CW Mind, RISE, Kooth, LifeSpace, Connect4Health, Kidscape, Young Minds Matter and Young People First and continue to identify ways the network can improve the lives of children and young people in Warwickshire."



Safe and well check pathway for pregnant women

In partnership with Warwickshire Fire and Rescue Service and Maternity services, development of a safe and well check pathway for pregnant women who are non-smokers but register high carbon monoxide readings.

Smoking in Pregnancy vape pilot project

In July 2022 the Stop Smoking in Pregnancy Vape Pilot was launched in Warwickshire North. Procurement was funded by a Coventry and Warwickshire Local Maternity and Neonatal System (LMNS) 'Reducing Inequalities in Health' grant underspend from financial year 2021/22. Key aims of the pilot are to improve engagement with the Stop Smoking in Pregnancy (SSIP) service and to reduce Smoking at time of delivery (SATOD) rates in Warwickshire North. All pregnant smokers booked at George Eliot Hospital (GEH) and living in Warwickshire North are currently referred to the SSIP 12-week programme on an opt-out basis. The pilot has been extended until the end of June 2023.

Changes to data relating to priority

Percentage of **physically active children** (5-16) has **decreased** from 43.1% (2019/22) from **41.2%** (2021/22)



Conceptions in women aged under 18 per 1,000 females aged 15-17 **decreased** from 13.9 (2018) to **13.2** (2020)





Progress on helping our children and young people have the best start in life (continued)

Changes to data relating to priority

Hospital admissions for **unintentional and deliberate injuries in children** per 10,000 aged 0-14 years **decreased** from 99.3 (2019/20) to **83.1** (2021/22)



The Percentage of **term babies of low birth weight** has **reduced** from 2.4% (2019) to **2.3%** (2021)



Health in All Policies – Children and Families (Best Start in Life)

In January 2022, over 40 colleagues from the Children and Families Team at WCC engaged in a Health in All Policies (HiAP) Workshop. The Workshop enabled Public Health, Strategic Commissioning and Children's and Families Team to come together in drawing out the key links between Children and families and Public Health.

It was a shared agreement that continued collaborative working in a systematic way will help identify synergies between areas, strategies, and ambitions to achieve health benefits and help reduce health inequalities across children, young people and families in Warwickshire.

Speech Language and Communication Needs

Delivery of a joint WCC/ICB gap analysis of Speech Language and Communication Needs in Warwickshire.

1001 days

Refresh and re-structure of the Coventry and Warwickshire 1001 days group with a new action plan and multi-agency delivery group.



Warwickshire Children and Young People Partnership

The Warwickshire Children and Young People Partnership (CYPP) was formed as a sub-group of the Health and Wellbeing Board. The CYPP replaces the Warwickshire Children Together Board and aims to provide strategic oversight to the CYP agenda.

Coventry and Warwickshire LMNS Health and Wellbeing workstream

The Coventry and Warwickshire LMNS Health and Wellbeing workstream has been refreshed and re-structured, with a focus on aligning work with the LMNS equity and equality action plan.

Implementation of the LMNS health inequalities action plan to reduce smoking in pregnancy, including the 'Love Your Bump' communications campaign, ethnographic research, and vape pilot in Warks North.





Progress on helping people improve their mental health and wellbeing, with a focus on prevention and early intervention

Work to support mental health and wellbeing is a key focus of the new Coventry and Warwickshire Mental Health Collaborative. A new systemwide mental health strategy is being developed which will include key work on prevention and early intervention, prioritising action to tackle mental health inequalities.

Wellbeing for Warwickshire

Wellbeing for Warwickshire a community based mental health collaborative partnership, funded by Warwickshire County Council, between Coventry and Warwickshire Mind, Connect Assist, Key Ring, South Warwickshire and Worcestershire Mind, Recovery & Wellbeing Academy and Qwell to provide adult mental health and emotional wellbeing support. The service provides a range of services including a 24/7 365 days a year helpline, online counselling, 121 sessions to drop ins hubs. To find out more visit <https://wellbeingforwarwickshire.org.uk/>

What's Next?

There is a plan for Wellbeing for Life and suicide prevention to carry out some work with Economy and skills to work with industries at higher risk of health inequalities and higher suicide rates. Currently looking at North Warwickshire and starting work with a task & finish group at the end of this month.

Suicide prevention workstream

A new system-wide Suicide Prevention Strategy was endorsed by the Coventry and Warwickshire Health and Wellbeing Boards in Coventry and Warwickshire in January 2023. This sets out the strategic ambitions and approach for reducing the number of suicides in the area and realising the vision that no-one in Coventry and Warwickshire should ever feel like suicide is their only option. Work is ongoing to develop an initial 2-year work programme under the five local delivery priorities:

- Target our approach for those groups and communities at a higher risk of suicide
- Increase awareness to help change public attitudes about suicide
- Promote suicide prevention as a priority within the wider health and wellbeing activity of system partners
- Provide real time data to ensure that prevention activity is targeted in response to locally identified priorities
- Facilitate coproduction, collaboration and coordination to maximise the impact of suicide prevention activity across Coventry and Warwickshire

A Coventry and Warwickshire Suicide Prevention Conference will take place in autumn 2023, bringing together partners from the voluntary, private and public sectors to raise awareness and embed suicide prevention activity across the local area.

Changes to data relating to priority

The percentage of people with a self-reported **low happiness** score has **decreased** from 6.9% (2019/20) to **6.3%** (2021/22)

The percentage of people with a self-reported **high anxiety** score has **increased** from 18% (2019-20) to **21.8%** (2021/22)

Emergency hospital admissions for **intentional self-harm** (all ages) has **decreased** from 192.1 (2019/20) to **156.5** (2021/22)





Progress on helping people improve their mental health and wellbeing, with a focus on prevention and early intervention (continued)

Serious violence prevention workstream

The Serious Violence Prevention Strategy which was endorsed by H&WBB has been adopted by the Safer Warwickshire Partnership Board in December 2022.

The strategy has been focused on the preventing the causal factors in relation to serious violence. Progress and been made I the development of a contextual safeguarding framework that helps recognise the early risk factors and develop response across a range of partner agencies

We have continued to invest in mentoring provision for young people with a focus on schools. 15 secondary schools across the county are being supported to embed early preventive programmes including universal provision, group work or 121 support. 53 young people have been referred for specific 121 or group work.

Training for Early Years. Youth Justice and Family and Adolescence Support Team has commenced. A wider training programme for front line practitioners across partner agencies has been developed with roll out planned to commence in May 2023.

Workplace wellbeing

The Workplace Wellbeing forum covered Mental Health and started the businesses thinking about what offer of support they had for their staff, we also have 158 businesses in Coventry & Warwickshire working towards Thrive at Work accreditation currently of which mental health is one of the themes.



Changes to data relating to priority

The percentage of patients aged **18 and over with depression** has **increased** from 12.1% (2019/20) to **14.4%** (2021/22).

This sits within the second highest quintile

The percentage of patients, aged 18 and over, who have been **newly diagnosed with depression** has **increased** from 1.7% (2019/20) to **2.0%** (2021/22).

This sits within the highest quintile





Progress on reducing inequalities in health and the wider determinants of health

Health Equity Assessment Tool (HEAT)

More HWBB partners in Warwickshire have been proactively adopting a Health in All Policies (HiAP) approach by carrying out Health Equity Assessment Tool (HEAT). HEAT helps to identify potential inequalities in health that may arise from a service or project and how to prevent them.

Embedding HiAP remains a key recommendation within the Director of Public Health Annual Report for 2022. To support the whole ICS to take a HiAP approach, the ICB has developed a guide around using HEAT to support service redesign.

Tackling social inequalities strategy

The Tackling Social Inequalities (TSI) strategy is progressing well with work currently underway in Poverty Proofing a community in Rugby. The TSI Family Information Service team (FIS) are also continuing to support families affected by the increased cost of living by providing advice and offering a brokerage service to support income maximisation, and to address fuel, food and digital inequality.

New healthy lifestyles service

WCC has commissioned an integrated physical health service whereby health professionals, Warwickshire residents and patients can access a range of physical health services to improve physical health and wellbeing and reduce inequalities. The service will include the following core elements:

1. Single Point of Access and Universal Support (triage)
2. Physical Activity on Referral and Weight Management
3. Smoking Cessation
4. NHS Health Checks – supporting Primary Care, delivering Community Health Checks and Point of Care Testing.

The service goes live on July 1st 2023.

Changes to data relating to priority

Percentage of **physically inactive adults** has **decreased** from 22.1 (2018/19) to **21.1%** (2020/21)



Percentage of adults aged 18 and over classified as **overweight or obese** has **increased** from 63.3% (2019/20) to **65.6%** (2020/21)





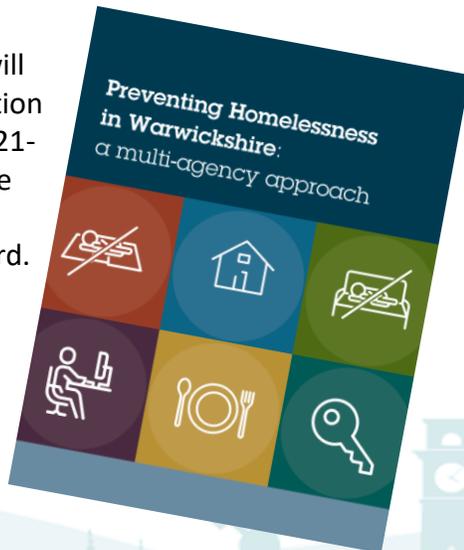
Progress on reducing inequalities in health and the wider determinants of health (continued)



Housing and homelessness

Following the adoption of the Preventing Homelessness in Warwickshire Strategy in March 2021, progress has been made across the five key areas (health, financial inclusion, young people, domestic abuse, offending). As part of this, a GP outreach Pilot in Leamington North & South primary care network (PCN) has been approved and a salaried GP is working for one session a week to provide a GP led clinic in and around the Housing Support Providers.

The Strategic Group will review the current action plan set for March 2021-March 2023 and revise accordingly to reflect actions moving forward.



Drug and Alcohol services

Over the last 12 months Warwickshire has expanded its treatment and recovery system to support residents by:

- Increasing Young People's treatment places by recruiting an additional worker
- Funding additional spaces for individuals to access Residential Rehabilitation and Inpatient Detoxification
- Increasing nursing capacity to conduct health screening across the county including on outreach to homeless people, and blood borne virus testing and vaccinations for 50 injecting drug users to complete courses of vaccination against Hep B
- Increase outreach and engagement for our substance misuse services by purchasing educational resources to improve prevention and early intervention work
- Enhancing partnership working by funding dedicated Mental Health, Vulnerable People and Criminal Justice workers to improve pathways between services and increase quality of care
- Supporting service providers to offer training and development opportunities for staff to ensure Warwickshire substance misuse services have the expertise required to support residents
- Employed a Drugs Related Death Co-ordinator to take a public-health approach to reducing the numbers of drug and alcohol related deaths in Warwickshire

A multi-agency Drug and Alcohol Strategic Partnership has been established for partners and agencies to work together to strengthen referral pathways and service delivery. Two needs assessments, one drug and one alcohol, have been conducted in order to highlight inequalities and where need is greatest to target outreach.

Changes to data Relating to priority

The number of **Food parcels distributed** by foodbanks has **increased** from 67,091 (2019/20) to **88,235** (2021/22)





Progress on JSNA

Thematic needs assessment

Having completed the programme of place-based needs assessments, in 2020 Warwickshire County Council adopted a thematic approach to its JSNAs. Following a prioritisation process, a workplan was identified. JSNAs on the following have been produced:

- Domestic Violence and Abuse JSNA (2021)
- Mental Health Needs Assessment (2021)
- Children's 0-5 JSNA (2022)
- Alcohol Needs Assessment (2022)
- Pharmaceutical Needs Assessment (2022)
- Mental Health and Wellbeing of Infants, Children, and Young People JSNA (May 2023).

These needs assessments are being used to inform the development of health and social care services across Warwickshire through the Warwickshire North, Rugby, and South Warwickshire Health and Wellbeing Partnerships.

The full JSNAs can be found here once published:

<https://www.warwickshire.gov.uk/joint-strategic-needs-assessments-1>

Health inequalities dashboard

The Monitoring Health Inequalities Dashboard provides up to date, high level data and indicators around the picture of health in Warwickshire, mirroring the King's Fund Population Health framework and focuses on Warwickshire's Health and Wellbeing Strategies three priorities:

- Help our children and young people have the best start in life.
- Help people improve their mental health and wellbeing, particularly around prevention and early intervention in our communities.
- Reduce inequalities in health outcomes and the wider determinants of health.

The dashboard can be found here: <https://www.warwickshire.gov.uk/directory-record/7175/monitoring-health-inequalities-dashboard>

What's Next?

The upcoming JSNA work programme includes:

- Healthy Ageing JSNA
- Physical Health of 6-25 Year-Olds JSNA
- Disabilities JSNA
- LGBTQ+ JSNA





System

Coventry and Warwickshire Integrated Health and Wellbeing Forum

- Joint C&W Health and Wellbeing Board
- Thematic development sessions to facilitate partnership working and integration between the HWBBs in Coventry and Warwickshire
- Acts as a consultative forum to the Integrated Care Partnership
- Twice yearly sessions

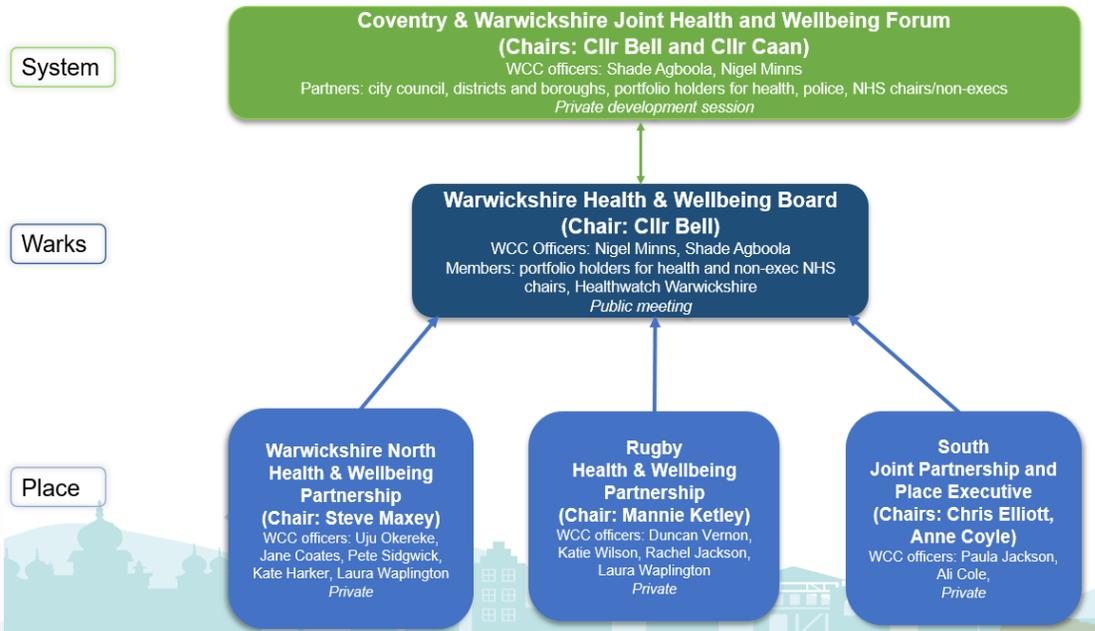
Wellbeing for life

Wellbeing for Life started as the Year of Wellbeing 2019. The initiative was born out of the Coventry and Warwickshire Integrated Health and Wellbeing Forum (formally the Place Forum).

In 2022 Wellbeing for Life went from strength to strength with over 1000 contacts made and presence at events across Coventry & Warwickshire from large festivals such as Leamington Pride to smaller events at community venues.

The Workplace Wellbeing Forum was launched in March 2022 with the second one in September seeing attendance double and focusing on mental health and specifically how businesses could support their staff around the fuel and food issues.

The Wellbeing For Life website has seen increased footfall over the year and two pilot schemes ran across the county engaging primary schools in signing up to the National Sugarsmart programme and small businesses trialling the micro business healthy workplace scheme.



What's Next for Wellbeing for Life?

Building on 2022, W4L has Workplace Wellbeing events planned for 2023 with the aim of handing over the reins to businesses across all primary schools, engato run and PH in a supporting role, continuing the roll out of Sugarsmart ging with community groups on how best to promote self help on health issues that matter most to them, and continuing the roll of the pilot healthy workplaces accreditation in libraries.





Looking ahead – 2023/24

Warwickshire Health and Wellbeing Board

Introduction of market place in Shire Hall Antechamber prior to formal board in order to allow for networking opportunities as well as the promotion of health and wellbeing programmes of work/services

HWBB Place Partnerships

- Greater connectivity between health and wellbeing and Levelling Up to be achieved by aligning the two agendas and utilising existing place partnership structures and mechanisms for reporting
- Allocation of £150k between three place partnerships to support the delivery of the Tackling Social Inequalities Strategy priorities (allocated based on need)

Better Care Fund (BCF)

- BCF Annual Plan submission is being worked on and an extraordinary HWBB sub-committee will be called in June 2023 to sign-off the Plan.
- Policy objectives remain the same for 2023-24:
 - Enable people to stay well, safe and independent at home for longer.
 - Provide the right care in the right place at the right time.
- Submission of the BCF Plan
- Warwickshire are taking part in a national frontrunner project to look at the hospital discharge community recovery service (*more details on slide 15*).



Warwickshire Hospital Discharge Community Recovery Service

High Level Plan 2023 -2024

Our vision is that Warwickshire people in an acute hospital, who need further support to recover, will have access to effective therapeutic intermediate care services within 24 hours of no longer meeting the criteria to reside.

Through the delivery of a new Community Recovery Service we aim to:

- Increase the number of people receiving rehabilitation and recovery services after an acute hospital admission, increasing people’s functional outcomes and ability to remain independent at home.
- Decrease the need for long-term care by decreasing demand and acuity.
- Reduce length of stay and bed days lost by decreasing the number of people staying in an acute hospital who should be at home (or in more appropriate community bed-based care)

April to June 2023
Warwickshire Hospital Discharge Community Recovery Service will consolidate Pathway 1 services from nine to three

- Home Based Therapy
- Stroke
- Package of Care Increase
- Community Response Team
- Reablement
- Continuing Healthcare
- Package of Care New
- Community Nursing
- Rapid Home Discharge



TO DO THIS WELL WE WILL

- Commission a short-term domiciliary care service for patients to start within 24 hours of being referred to the Community Recovery Service
- Introduce a single referral form and single point of access for the Pathway 1 services to include Continuing Healthcare by the end of June
- Enable more people leaving hospital to access a mix of domiciliary care and therapy support at home to regain and maintain their independence
- Increase capacity to support trauma and orthopaedic patients to go home with support

TO ACHIEVE THIS WE NEED TO

- Engage and work collaboratively with the voluntary and community sector to support people's needs in the community
- Agree case management, care coordination and escalation for people on this pathway considering blended roles and place -based MDT's
- Increase efficiency and effectiveness of hospital discharge processes so people are ready to go home as soon as they no longer meet criteria to reside
- Fast track the availability of equipment to support people at home
- Baseline our position and introduce new recording and reporting mechanisms to monitor activity and impact of the Community Recovery Service
- Increase therapy support in the community, introduce more capacity and increase effectiveness of current resource

April to June 2023		July 2023-March 2024			
Review and refine the Community Recovery Service offer based on feedback	Continue to adapt the therapy workforce and implement the Therapy Workforce and Training Plan	Progress lead commissioning arrangements for Discharge to Warwickshire	Assess in Warwickshire	Consider the NHS role in supporting domiciliary care	Influence development of the NHSE Intermediate Care Framework

TO DO THIS WELL WE WILL

- Establish a reference group to review activity and impact data, and stakeholder feedback, to further refine the Community Recovery Service
- Work with Healthwatch and consultation and engagement leads in SWFT and the Council to design and deliver an approach to resident engagement
- Re-establish and reposition the offer from the Community Response Team and Reablement ensuring they align with the Community Recovery Service and continue to deliver positive outcomes for residents across the spectrum of need, as well as across the community
- Evaluate the benefits of direct provision by the NHS in order to support the domiciliary care market
- Implement the plan to review and progress lead commissioning arrangements for Discharge to Assess in Warwickshire

TO ACHIEVE THIS WE NEED TO

- Establish the most effective methods for engagement and review drawing on all available data
- Secure resources to enable engagement touchpoints with providers and people in receipt of the Community Recovery Service to review and refine the offer
- Work proactively with the Community Response Team and Reablement Service to reposition the offer to Warwickshire residents
- Monitor the impact of the Community Recovery Service, including financial impact, and develop proposals for future models of care and support
- Support the review and re-design of Continuing Healthcare processes
- Continue to actively engage with the NHSE Intermediate Care programme and community of practice
- Continue to work collaboratively with the voluntary and community sector testing new approaches to meeting people's needs in the community



Partners involved



North Warwickshire
Borough Council





Glossary

JSNA – Joint strategic needs assessment

HWBB- Health and wellbeing board

BCF- Better care fund

ICS- integrated care system

ICB- Integrated Care Board

ICP- Integrated Care Partnership

HiAP- health in all policies

HEAT- Health equality assessment tool

CYPP- children and young people partnership

CYP- Children and young people

WCC- Warwickshire County Council

LMNS- local maternity and neonatal system

